

YOUTH LEAGUE TENNIS®

COVID-19 Safety Guidelines

[Guidelines updated as of 3/8/22 and are subject to change].

ALL COACHES + FAMILIES MUST AGREE TO AND COMPLY WITH THESE COVID-19 SAFETY GUIDELINES IN ORDER TO PARTICIPATE IN YLT.

COVID-19 affects different people in different ways. Infected people have experienced a wide range of reported symptoms - from mild symptoms to severe illness.

- **Coaches and children should stay home if they show any symptoms of COVID-19 or have been exposed to anyone showing symptoms of COVID-19 within the last 14 days.** Please be respectful of everyone around you and stay home if you have any health concerns.

Symptoms may appear 2-14 days after exposure to the virus. People with the below symptoms may be positive for COVID-19:

- Fever and/or chills
- Cough
- Shortness of breath and/or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste and/or smell
- Sore throat
- Congestion and/or runny nose
- Nausea and/or vomiting
- Diarrhea

If someone is showing any of these below symptoms, they could be emergency warning signs of COVID-19 and you should seek emergency medical care immediately:

- Trouble breathing
- Persistent pain and/or pressure in the chest
- Sudden onset confusion
- Inability to wake and/or stay awake
- Bluish lips and/or face

DO NOT PLAY IF YOU: Are exhibiting any symptoms of COVID-19, have been in contact with someone who tested positive for COVID-19 in the last 14 days, OR are considered a "high-risk" individual with serious underlying health conditions including but not limited to: high blood pressure, chronic lung disease, diabetes, obesity, asthma, or whose immune system is compromised such as by chemotherapy for cancer and/or other conditions requiring such therapy.

YOUTH LEAGUE TENNIS®

COVID-19 Safety Guidelines

[Guidelines updated as of 3/8/22 and are subject to change].

BEFORE EACH YLT CLASS:

Please pre-screen yourself and any family members by taking your temperature to check for a fever. PLEASE PLAN TO STAY HOME & email Laura/Rachel to let us know if you are showing any symptoms or have been exposed to anyone showing symptoms of COVID-19.

- **Contact Info: info@youthleaguetenis.org**

Wearing masks outdoors is now optional.

- Parents must provide a cell phone number upon registration where they can be reached during YLT in case of emergency.
- Only healthy children will be permitted to play YLT and enter the tennis courts.
- Parent must list any allergies their child has when registering. This information will be notated on each Roster and provided to our coaches.
 - Allergies can cause runny noses and sneezing, which can be misinterpreted as symptoms of COVID-19.
- Coaches will sit out any players showing symptoms of COVID-19 while playing YLT and immediately call his/her parents to pick up their child.
 - Coaches will meet participants at the entrance to tennis courts for check-in and to take/record each player's temperature. Participants with temperature registering over 100 degrees will be sent home (*coaches will take a player's temperature twice with a 5-min. break to verify, as sometimes there are misreadings*).
- Parents, Siblings, Care-Givers and Guardians are NOT permitted to enter the tennis courts before, during or after YLT.
 - Only designated coaches and players listed on each site's roster are permitted on the tennis courts or inside the enclosed area during YLT.
 - Parents/Guardians will drop off their kids with coach at the front of the tennis courts.

YOUTH LEAGUE TENNIS®

COVID-19 Safety Guidelines

[Guidelines updated as of 3/8/22 and are subject to change].

DURING EACH YLT CLASS:

- **Coaches:** If there are external/public tennis players or anyone on the courts when you arrive, please kindly let them know what time YLT starts and ask them to leave the courts. Courts must be cleared by the public before any YLT coaches and/or participants can enter.
- Wearing a mask is **OPTIONAL** for coaches and participants outdoors.
- Participants and/or coaches are not permitted to share any personal items:
 - Mask (optional)
 - Water to drink during class.
 - Sun screen
 - Tissues for contained sneezing/coughing if prone to allergies.
 - Personal hand sanitizer to use on breaks if necessary.
- All Coaches and Participants must adhere to CDC guidelines..

WHEN YLT PLAY HAS ENDED:

- Parents/Guardians must wait outside of the courts to pick up players after YLT has ended.
 - Each coach should walk their group to the tennis court exit to meet parents/guardians.
 - Please Note: no player can be left unattended and must remain with their coach until they are met by an adult who is scheduled to pick him/her up.
 - Coaches charge \$1 per minute for time spent babysitting each player after class ends. Parents should plan to pick up players promptly at the end of class and be prepared to pay our coaches for their time if late.
- Please do not linger at the tennis courts and socialize after YLT play has ended.
- Everyone is responsible for disinfecting their own equipment.

Please email us immediately at info@youthleaguetenis.org if:

- You notice anyone who is NOT complying with these COVID-19 Safety Guidelines
- You are aware of someone who has tested positive for COVID-19 at your location
- You have tested positive for COVID-19
- You have come into contact with someone who has tested positive for COVID-19

The health and safety of our YLT families, players, and coaches is our main priority. Please always be respectful of others and help mitigate the spread of germs. All parents, participants and coaches are required to acknowledge and sign these COVID-19 Safety Guidelines prior to registration or being hired to coach.